

The Age Diary
Friday July 10
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Check the tyres

IF YOU'RE unfit, don't read on. **Robert Swan**, the first bloke to have walked to both the North and South Poles (but not on the same day), will be giving a public lecture on Monday to help the first woman to have cycled across Russia, Melbourne's **Kate Leeming**. The lecture is at 6.30pm at the Federation Square's BMW Edge, proceeds going towards Leeming's next project: to cycle across Africa from west to east. This is the lady who has cycled the 1800-kilometre Canning stock route in Western Australia, the world's longest. The little African frolic is expected to take about 10 months.



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