

Sport Fest 2011

About

Kate Leeming is an AMAZING sports woman who has cycled around the world to raise awareness of issues in the developing world. She has turned pedal-power into action. Kate took to the Hot Seat on the 9th of June answering many children's questions ranging from her passion for adventure cycling to her deep desire to help others to her daily life while on her latest expedition.

Kate was thrilled that there were so many young fans online who were inspired by her expeditions. With up to 2000 Super Clubbers taking part during the hour Kate happily answered over 400 hundred questions with in-depth and thoughtful answers.

Her most recent expedition took her across Africa from Senegal to Somalia! Kate and her team crossed 22,040 km over ten months, (at times under armed escort). Kate battled injury, exhaustion, authorities and every physical condition under the sun – sand, mud, tsetse flies, extreme heat, mountains - to experience firsthand the causes and consequences of extreme poverty, and explore the positives; how to offer a leg up, rather than a hand out. To find out more about Kate's African expedition or book a presentation, visit www.btcycle.com



Kate in the Sahara



School kids in Africa

Hello Kate do you like riding around the countries?



I loved traveling around my own country there is so much beauty, space, great characters in our country (Aus) So it was a fantastic personal discovery as well as learning about issues of sustainability - which was the purpose of that journey. I wrote a book about it called 'Out There and Back.'

Have you fallen off your bike or had something bad happen to you on your journey and do you ever get lonely when you are riding through the bush or when you are riding through the desert and do you have any pets if so what are their names? 🙏🏻/THANKS



I fell off badly once and hurt my elbow and then fell twice more and fell off a lot in the sand but that didn't hurt.

Did you see any endangered animals on your way from Lucy.



Mostly you don't see many wild animals because their habitat has gone so we had to visit some national parks like the Massi Mara in Kenya and Etosha in Namabia and we saw lots of the African animals that you would know - i did see some giraffes and hippos in the wild! I could go on..

Where did you sleep?



I slept in tents mostly but sometimes local farmers insisted that we sleep in their hut - they were so kind because they probably had a very uncomfortable nights sleep on the ground. It made me feel very humble.

Did you make new friends 🙏🏻👍🏻 Hello 🗣️👂🏻



I met so many people even some government ministers. I met great characters like Jo in Zambia who got a micro loan to buy a bicycle and with that bicycle he created 6 businesses to make sure his family was safe for the future. He started by transporting charcoal 40kms to the city everyday. Now he has bought more land, goats, he's bought 6 sewing machines and he's going to employ tailors to make clothes and many other things - he was really inspirational.

Footy Hot Seat

Sport became the focus on SuperClubsPLUS when Colin Garland of the Melbourne Football Club took to the Hot Seat on the 21st of June.

Colin is the ambassador of 'Read and Write Like a Demon'. The program aims to get kids inspired about reading. Colin is very passionate about reading and enjoys sharing his love of books with young people around Australia.

Colin was excited to chat to so many kids. He answered over 450 questions during the fast paced hour from over 3000 students and teachers who took part in the event. This has been the biggest Hot Seat in SuperClubsPLUS history. Well done Colin!



Article

Sport Fest 2011 was a huge hit with the children of SuperClubsPLUS. Apart from the hugely popular Hot Seat events there were also a range of other fun activities for the Super Clubbers to take part in. These included games and an article competition in which children were challenged to write about their sport heroes.

Here is one of the many entries about Colin Garland, a big hero to our kids!

do YOU LIKE READING 😊 😊 😊 😊

I love reading, have done since I was a kid. I still enjoy reading now, which is why I'm a part of the read and write like a demon program.

Colin

how old are you and who is your coach

I am 23 and my coach is Dean Bailey.

Colin

once you retire what will you do 🏊 🏊 🏊 🏊 🏊 🏊

I'm not really sure yet. I am doing a personal training course so I would like to get into things that mean I am active.

Colin

How did you begin your footy career, did you ever want to be someone else?

I started at home. I have 4 brothers at home and then I got into programs like Auskick and underage football in Tasmania.

Colin

and do you do swimming and how does that help with footy?

We do a fair bit of swimming especially in rehab. It's good fitness that we can do off our legs so there isn't as much load on the legs.

Colin

do like playing for melbourne. 🐙 🙄

Yeah, it's a great team. It has great heritage and I love playing on our home ground, the MCG.

Colin

Number: 20

Height: 191cm

Weight: 90kg

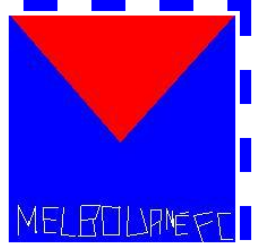
DOB: 28-04-1988

Debut: Rd 5 - 2007

Games Played: 47

Goals: 3

Colin Garland is a very amazind football player. I play sport like netball, rippa rugby and football, but he is way better than me but im super good. I love his work and he is a good stand out player!



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